Sample Second Chance Breakfast Letter to Parents

**DATE**

Dear Parent,

When students start the day with a healthy meal, they are more likely to retain what they learn in class, behave better, and experience better health outcomes. School breakfast is one of the best ways to ensure students receive a nutritious meal at the start of the school day. Since school breakfast and lunch are **free for all students**, it’s a particularly great time to participate.

**[School** **Name]** offers Second Chance breakfast every morning to all students. This means that, in addition to breakfast being served first thing in the morning, students who were not hungry when they first arrived have a second chance to get breakfast later in the morning. [Students can eat their breakfast in the cafeteria/ receive from Grab & Go Kiosk after the school day has begun]. Breakfast is served from **[Time]** to **[Time].** All students are welcome to participate Monday through Friday.

If you would like more information, please feel free to contact me at **[Contact Info]**.

Sincerely,

**[Name]**

**[Title]**