


ANNA M.
COMMUNITY
10 Lamartine St

This year,
**you changed
the future.**

.....
2019

ANNUAL REPORT
.....

**PROJECT
BREAD** 
A FRESH APPROACH
TO ENDING HUNGER SM



Food is one of our most basic human needs. It is essential to our health and well-being at every stage of life. Yet 1 in 11 households—and 1 in 9 children—in Massachusetts don't have enough to eat.

We are on a mission to make healthy food affordable and accessible to everyone in Massachusetts, every day.

Because of you...

7,678

students enjoyed healthier school meals due to partnerships with our Chefs in Schools

45,834

students had improved access to school breakfast in 91 schools across the state

2,560,271

meals were served during summer break to kids and teens who rely on school meals for half of their daily nutrients

\$2 million

was raised through the Walk to support Project Bread and statewide partners



Dear Friends;

You and I are united by a single vision, a hope, for Massachusetts—we envision a Commonwealth where families don't have to worry about finding their next meal because everyone has the basic right to food. Together in 2019, we have created a strong foundation for building this future, and I am humbled to stand by your side as we move forward.

Celebrating the progress being made here in Massachusetts is especially important right now, in the midst of the difficult times we are facing in our country. Your support of Project Bread has meant that even in the wake of challenges, we continue to make headway in several important areas.

You allowed us to continue to be strong advocates for school nutrition programs as the most effective childhood hunger intervention. For over twenty-five years, Project Bread has centered our work to end childhood hunger around school meals, not only because a hungry student cannot learn and make the most of their educational opportunities, but also because these underutilized programs provide the greatest potential to impact childhood hunger.

You ensured that Project Bread could build off of our two decades of experience, doubling down on our programmatic work at the school and community levels. This year, because of you, we were able to invest directly in teachers, students, and schools. We supported 91 schools in developing or improving their school breakfast program, and awarded 123,000 dollars to districts across the state—including awards to 11 teacher champions, who tirelessly advocate on behalf of their students. In districts and schools where we awarded a School Breakfast Grant, breakfast participation increased by 71 percent on average.

Your voice was heard at the federal and state levels through Project Bread's efforts to address food insecurity in schools, from elementary to college. You were represented as we spoke out against federal proposals that would take school meals away from low-income kids and reduce the quality of school meals. Your care for children and young people in need affected both local and national legislation as we supported bipartisan proposals to expand access to school meals, helped move legislation to provide breakfast after the bell, proposed systemic solutions to school meal debt, and sought to ensure that college students are eligible for the Supplemental Nutrition Assistance Program.

While we are proud of the significant strides you have allowed us to make in establishing student access to meals in schools across our state, we recognize that the inequities in our society that are the foundation of hunger and poverty remain. One in 11 households—and 1 in 9 children—in Massachusetts are hungry. Historically marginalized groups, particularly women and children of color, experience food insecurity at even higher rates, and face a disproportionate number of barriers to accessing resources.

You and I know that access to food is the most basic of human needs, and that we cannot expect our students to learn and thrive on empty stomachs. Until every student in our state has reliable access to food, our efforts to address other inequities will be in vain.

We can make our vision of a Commonwealth where everyone has the basic right to food into reality, but we need your continued support. This is our work to do together in the years to come, and we cannot continue to move forward without you.

With thanks,

Erin McAleer
President, Project Bread



Our country has more than enough food to feed everyone. We have federal programs in place proven effective at sustainably helping people access and afford an adequate diet every day. We have the tools proven to put a fracture in the cycle of poverty. But for many reasons, these tools are underutilized.

With your support, Project Bread expands access to and increases participation in these programs that impact the health and well-being of all Massachusetts residents, identifying participation barriers and championing policy solutions to fix broken systems.

You are connecting food-insecure children and families to solutions that last!

▶ **YOU WERE THERE FOR PEOPLE AFFECTED BY THE GOVERNMENT SHUTDOWN**

You helped government employees access critical food resources and spoke out to protect SNAP when the shutdown endangered its funding.

▶ **YOU KEPT KIDS HEALTHY WHILE SCHOOL WAS OUT**

You supported **40** new summer meals sites in opening and provided **\$111,500** to support Summer Eats sites across the state.



▶ **YOU SHOWED WHAT IT MEANS TO BE A COMMUNITY**

You supported **319** programs in communities across the state through Walk for Hunger grassroots fundraising efforts.

▶ **YOU PROVIDED HELP TO ANYONE WHO NEEDED IT, WITHOUT QUESTION**

Our FoodSource Hotline made **29,289** referrals to critical food resources for households experiencing food insecurity.





*SNAP is the most effective anti-hunger program in our country. **You helped people use it.***

»»» YOU CONNECTED LOW-INCOME RESIDENTS TO FRESH, LOCAL PRODUCE.

1,797 residents were educated on how to use their Healthy Incentives Program (HIP) benefits to purchase fresh produce at their local farmer's markets.

»»» YOU HELPED PEOPLE UNDERSTAND THEIR ELIGIBILITY AND ENROLLMENT

Our FoodSource Hotline answered calls from **302** of our **351** cities/towns. **14,138** were provided SNAP assistance.

»»» YOU PUT SNAP EXPERTS IN HEALTH CENTERS TO HELP PATIENTS EXPERIENCING FOOD INSECURITY IMPROVE HEALTH OUTCOMES

We partnered with **32** health centers to address hunger as a public health issue, with SNAP enrollment coordinators in Brighton & Waltham, East Boston, Worcester, and Lawrence.



For every 1 meal the charity system provides, SNAP provides 12.

You are giving children access to two healthy meals at school everyday. Meals they can count on.



YOU HELPED SCHOOLS SERVE BREAKFAST TO MORE KIDS

You provided expertise and support to **91** schools to start or improve their school breakfast programs. And you invested **\$123,000** in school breakfast programs across the state.



YOU SUPPORTED TEACHERS WHO ARE LEADERS IN THEIR SCHOOLS TO ADDRESS HUNGER IN THE CLASSROOM

You provided **\$16,500** to **11** teacher champions fighting hunger in their schools in Amherst, Boston, Chicopee, Fall River, Lawrence, Pittsfield, Salem, and Webster.



...and making that food healthier. For better health & education outcomes!



YOU MADE SCHOOL MEALS HEALTHIER FOR KIDS

You provided a year-long Chefs in Schools partnership to **6** districts (Amherst, Athol, Greenfield, Medford, Lawrence, and New Bedford) and Codman Academy Charter School to reduce sodium and fat, lower sugar, and boost fruits and vegetable consumption by serving tasty, kid-approved options.

29 schools are serving healthier items for breakfast and lunch now, because of you!



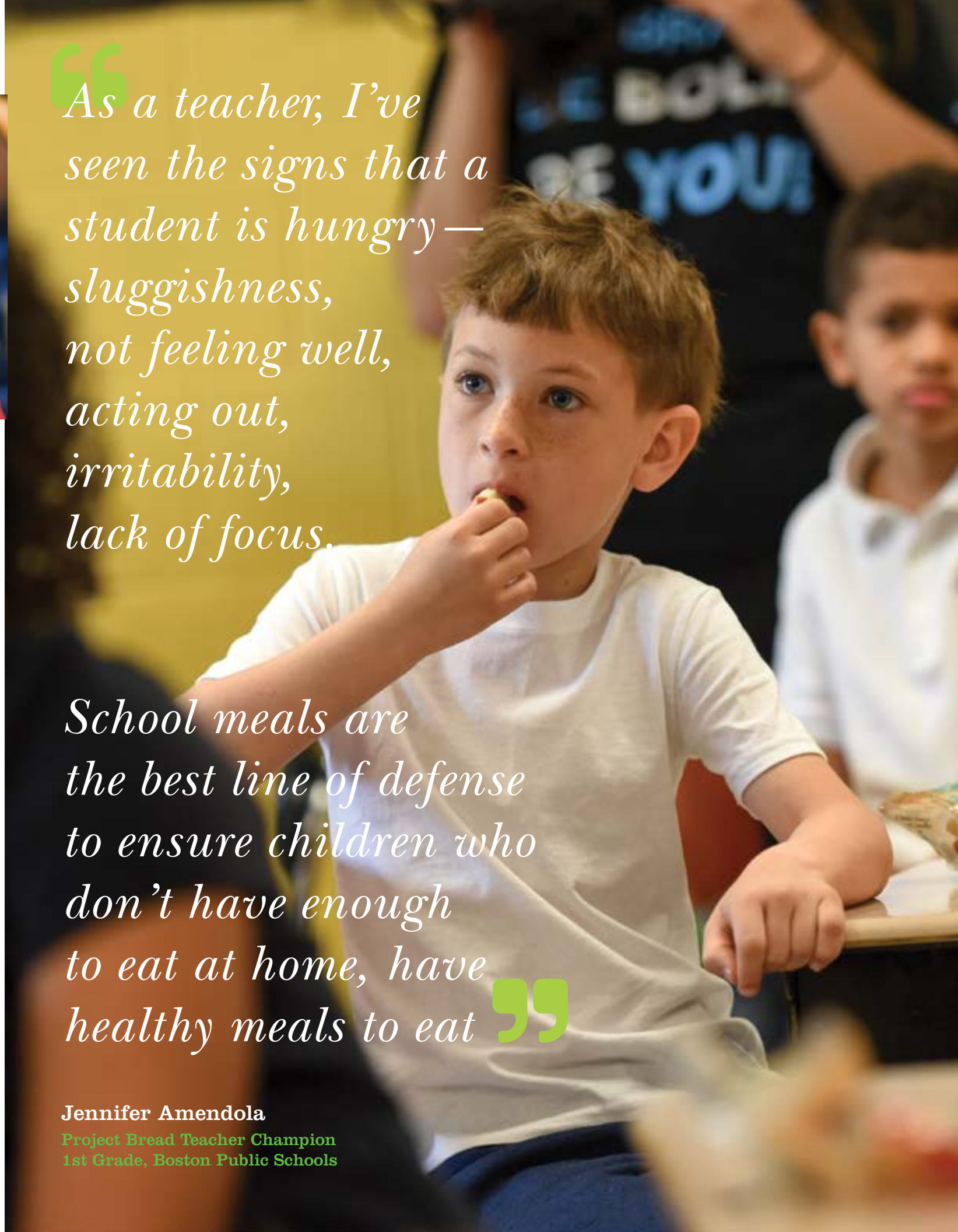
“

As a teacher, I've seen the signs that a student is hungry—sluggishness, not feeling well, acting out, irritability, lack of focus.

School meals are the best line of defense to ensure children who don't have enough to eat at home, have healthy meals to eat”

Jennifer Amendola

**Project Bread Teacher Champion
1st Grade, Boston Public Schools**



You amplified voices that can effect real change...



“Sustaining our children with nutritious food year-round is a matter of justice, cognitive development, wellness, and trauma prevention. Without Project Bread and Summer Eats, children in our district who depend on reduced-price school meals wouldn't have access to nutritious food during the summer.”

I am immensely grateful to Project Bread and Summer Eats for not only preventing food insecurity but for keeping our kids healthy – helping students return to school strong and ready to learn.”

Congresswomen Ayanna Pressley

U.S. Representative
(D-MA 7th District)

On August 26, 2019, Project Bread invited Congresswomen Ayanna Pressley to visit two Summer Eats Sites, The East Boston Branch of the Boston Public Library and the John F. Kennedy Family Service Center in Charlestown, to see effective, scalable solutions to hunger at work. She'll be able to share her experience with colleagues, and more effectively advocate for the programs, policies, and legislation that provide low-income residents with food security, and break the generational cycle of hunger and poverty.



“I grew up in a home with a single parent. Most of the time, my mother was worried about how she was going to make ends meet. In my school district, Athol-Royalston, the average income that an adult makes is just \$18k. When the head of my cafeteria said what do you think of Breakfast After the Bell, I looked at her and I said, “What are we waiting for?” Kids weren't coming in early before school for breakfast because of the stigma, they didn't want to be in a situation where kids would know they were poor.”

Our school is on the upswing, and it's because kids are eating breakfast. It makes a difference. I can't say enough about it. Without food, clothing, and shelter, kids can't learn. We need Breakfast After the Bell so that kids who are impoverished have a better chance at success.”

Darcy Fernandes

Superintendent,
Athol Public Schools

On November 19, 2019, Project Bread brought 11 people to The State House—teachers, school administrators, and food service staff—to testify before legislators as to why they need to pass An Act Regarding Breakfast After the Bell, which would give 150,000 more low-income kids access to school breakfast. The next week, it passed in the House.



“My end goal in addressing food insecurity on campus is to get students to stay at college, and graduate. Once a student leaves Bunker Hill Community College (BHCC), the odds of them returning are very low. As a result of food insecurity, many students forfeit their ability to earn a higher wage in the future, and their likelihood of breaking the cycle of poverty without a college degree.”

Dr. Pam Eddinger

President,
Bunker Hill Community College

On November 5, 2019, Project Bread awarded Dr. Pam Eddinger with the Patrick Hughes Award for Social Justice, recognizing her leadership in addressing food insecurity on campus, which impacts 56% of students enrolled at BHCC.

The Award was created to honor the legacy of Patrick Hughes, whose deep-seated passion for social justice and entrepreneurial spirit led him to found The Walk for Hunger in 1969 as an innovative approach to raise awareness and funds for people living without enough to eat.



YOU DEFENDED SNAP

Project Bread actively and vocally opposed 4 federal SNAP regulations that could cause up to 200,000 Massachusetts households to lose some or all of their benefits.



YOU RALLIED AS A COMMUNITY

9,017 people participated in The Walk for Hunger, and raised \$2 million to support statewide hunger solutions that help low-income residents break the cycle of hunger and community programs that help people access and afford food.



YOU TOOK ACTION AND RAISED YOUR VOICE

You responded to action alerts to call or send a message to 93 state legislators and sent 236 emails. You made your voices heard.



...and you raised
your own voice
to protect and
defend cuts
to our federal
nutrition
programs.



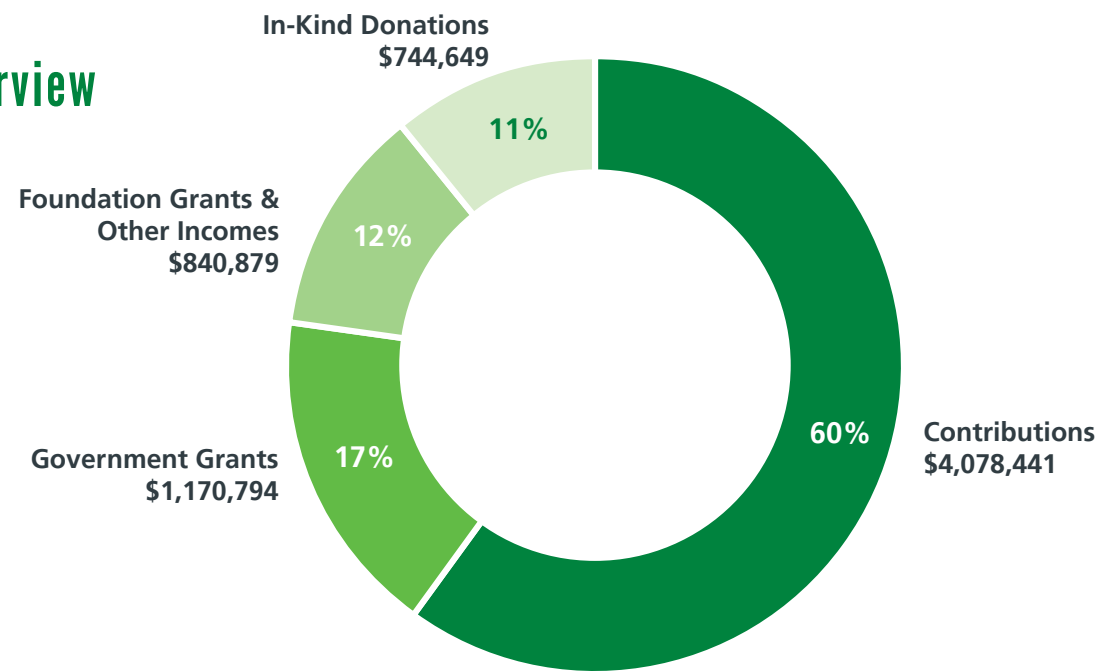
YOU WERE A CHAMPION FOR HUNGRY KIDS

You advocated for state legislation, Breakfast After the Bell, that would level the playing field and guarantee 150,000 more children in Massachusetts access to a healthy start to the day.

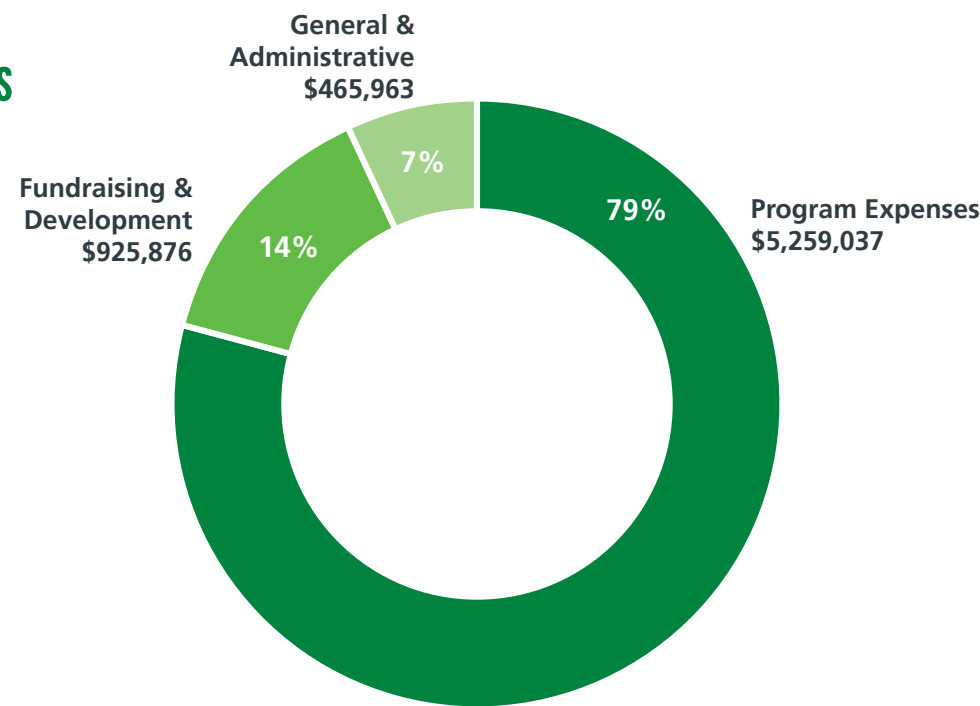
Financials.....

In fiscal year 2019 (October 1, 2018 – September 31, 2019), we achieved our financial goals with a surplus: our total revenues were \$6.83 million, and our total operating expenses were \$6.65 million. We are proud to share our budget with you, and how your donation contributes to preventing and ending hunger in Massachusetts.

FY19 Revenue Overview \$6,834,763



FY19 Operating Expenses \$6,650,876



“Working with Project Bread has really helped elevate our food service program. After our partnership ends, they’ll leave our schools with successful recipes and the pride of being able to cook wonderful food for our children.”

April Liles
Project Bread Chefs in Schools Partner
Food Service Director, Waltham Public Schools



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Thank you to our generous supporters for making our work possible in Fiscal Year 2019!

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The Post Family

The Silver Tie Fund

The Smith Family Fund

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